



SREDOTOCHIE

Center of Vladimir Malyavin

*From cultural exchange
to spiritual cultivation...*



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*Держась средоточия
познаешь действенность покоя*





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The Purpose

Modern Russian society ended up in a severe crisis due to the loss of socio-cultural objectives. This crisis leads our society to an “extensive heart attack”: degradation, problems with physical and spiritual health.

Crisis has spread to all levels of public relations, from families to social institutions: schools, art, religion, corporations and government.

It's time to start applying practical benefits of the Eastern civilization and move from a cultural exchange to spiritual cultivation and life's reorganization on a new basis.



*От культурного обмена
к духовному совершенству*



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Objectives

Integrity & Personality

- ✿ Physical rehabilitation
- ✿ Spiritual fullness and finding the meaning of life
- ✿ Return to the traditional values of life

Society

- ✿ Culture
- ✿ Inter-ethnic dialogue
- ✿ Strategy & Management
- ✿ Creative society



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Areas of Activity

Educational activities

- ✿ Meetings, open lectures and seminars
- ✿ Book publishing and distribution of materials online
- ✿ Organization of cultural and educational events

Personal practical education

- ✿ Lectures for students and general public
- ✿ Courses for the general public
- ✿ Training for organizations

Health improvement

- ✿ Health improvement practices: taijiquan and qigong
- ✿ Health tourism
- ✿ Traditional medicine treatments

Travel

- ✿ To the centers of ancient culture
- ✿ To the keepers of tradition
- ✿ Learning from the masters

Consulting

- ✿ Management strategies
- ✿ Adaptation of the best practices



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Events and Projects

Lectures on Oriental cultural theory and spiritual traditions

Continuous taijiquan group lessons

Webinars on the Center's website with Vladimir Malyavin and famous representatives of the traditions of the East

Continuous group lessons of the practice of rest and internal silence

Lectures and seminars on corporate management and management philosophy

Research of the best practices, adaptation of the Chinese experience of state and corporate governance

Video recordings of lectures and seminars on the "Sredotochie" Center's website

Development of the natural expansion strategies for corporations and authorities

Courses for improving the quality of life based on Eastern practices of spiritual and physical cultivation

Preparation and publishing of new books, reissue of the previously published Vladimir Malyavin's books

Training of the management staff and improvement of the strategic thinking skills

Creation of the electronic library offering Vladimir Malyavin's books and articles

Courses for security officers

Creation of a club for like-minded people who practice Eastern traditions of health and spirituality

Courses for the clergy

Ethnic tourism and spiritual pilgrimage

Courses for self-improvement and improvement of the physical abilities for athletes

Ethnographic research of China, Tibet and Japan

Basic courses of the antenatal taijiquan in Moscow and Taiwan

Organization of a conference on the subject of Russia-China cooperation and cultural exchange

Basic and advanced courses of the practice of rest in Moscow and China

Courses on Taoist practices / Buddhist contemplative practice «zhiguan»



In order to implement the proposed program, the Center maintained and develops a range of resources:

- ✿ Publishing house
- ✿ Website and other means of mass communication
- ✿ School of practice
- ✿ Advisory center
- ✿ Club
- ✿ Center's executive body
- ✿ Venue for lectures and classes with equipment for video recording and internet broadcasting



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How you can help

Currently the Center is at the beginning of its journey and is in need of financial support for its activities.

We need funding for building a team, as well as for the infrastructure needs and the expansion of the Center's educational and health programs.

You can become the Center's trustee. If you do so, you will acquire a special status allowing access to virtually all programs of the Center.

We also guarantee our trustees public and advisory support of the Center in joint actions.

But most importantly, we hope that our trustees will be our main counterparts who care about the fate of identity and society in Russia.



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